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20. A tablet, composition or component according to claim 19 wherein the compressed clay component is in the form of particles whereof at least 90% by weight has a particle size of from 200 microns to 1500 microns.
 21. A tablet, composition or component according to claim 16 whereby the clay component comprises a binder material.
 22. A tablet, composition or component according to any of claim 16 whereby the clay component is free of any added binder materials other than water.
 23. A tablet, composition or component according to claim 16 whereby the clay comprises a smectite clay.
 24. A tablet, composition or component according to claim 16 comprising one or more additional disintegrating agents, preferably a water soluble salt such as sodium acetate, and/or a microcrystalline cellulose.
 25. A tablet or composition according to claim 16 being a solid laundry or dishwashing tablet or composition and comprising from 0.5% to 30% by weight of the composition or tablet of the compressed clay component.
 26. A tablet according to claim 17 being a pharmaceutical tablet.
 27. A compressed clay granule according claim 16 comprising a clay material and an effervescence system which comprises an acid source and a carbonate source, and/or a disintegrating agent, selected from the group consisting of water-swellable materials, microcrystalline cellulose, water soluble salts and mixtures thereof.
 28. A pharmaceutical composition, plant nutrient composition or plant fertilizer composition comprising a compressed clay component.
 29. A method of providing softening of fabrics by contacting said fabrics with a cleaning composition or tablet according to claim 23.